



FCA SE REGIONAL CONVENTION & EXPOSITION 2022

Boca Raton Resort & Club
Boca Raton, FL
July 8, 2022 - July 10, 2022

Please note that each speaker's name is a link that will allow you to view their photo and bio...just click on the link and learn about our fantastic speakers!

FL Board of Chiropractic CE Provider #50-2667; Course #20-911564

DC / CCPA

COURSE CATALOG

Friday - 7/08/2022**8am-9:40am****Grand Ballroom GH**- Cindy M. Howard, DC, DABCI,
DACBN, FIAMA, FICC

- Mark N. Charrette, DC

Medical Errors

- Sabrina Atkins, DC

- Kristine Tohtz, DC, LAC

- Nathan Schilaty, DC, PhD

- Bill Storm

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Headaches: To Adjust or Not to Adjust...That is the Question**Course Description**

Although 15% of Americans are currently under care of a chiropractor, most Americans know Chiropractic care for reducing pain with a non-pharmacological approach in 2 major areas: low back pain and headaches. Did you know that more people suffer from migraine headaches than diabetes + asthma combined in this country?

This class takes a hands-on approach for chiropractic attendees to widen their consideration of diagnosis when this very common symptom is presented. Attendees will be able to better avoid medical treatment errors when they are looking for red flags that this multifaceted approach considers.

Learning Objectives

- Differentiate a musculoskeletal headache and head pain caused from other areas of imbalance
- Recognize red flags alerting a chiropractor NOT to adjust, but instead: refer out, or order other imaging
- Introduce treatment options other than manipulation
- Garner further knowledge of current research supporting headaches

Sponsored by: Foot Levelers, Winback, Tony Robbins Company

Friday - 7/08/2022

10:20am-Noon

- Bill Storm

Grand Ballroom GH

Risk Management

6 Easy Steps To Take Your Health and Wellness Expertise Online Without Risk

Course Description

If the past two years have taught us anything, it's that a brick-and-mortar practices are subject to external forces beyond our control, whether it's a government mandated shutdown or simply fears that your patients may have about exposure. Not to mention the fact that insurance companies have a chokehold on the level of care you are able to provide your patients. In this workshop you'll learn to segment a wellness section of your practice, implement technology that will boost patient engagement, all while keeping proper security practices in place. Take your knowledge, skill, talent and passion for health and wellness and allow it to better influence your patient healing online, even if you are technology challenged.

Learning Objectives

- Learn the foundational tools and strategies when setting up an online practice and cyber security measures to put in place
- Differentiate claims vs. facts- The importance of a rock solid Privacy Policy/ Terms and Conditions page
- HIPAA and Patient Protection
- Identify and CRUSH the limiting beliefs you have about entering the online space, even if you're technologically challenged

Sponsored by: Tony Robbins Company

10:20am-Noon

- Cindy M. Howard, DC, DABCI,
DACBN, FIAMA, FICC

- Sabrina Atkins, DC

Grand Ballroom A

Risk Management

Women's Health

Course Description

Women in the US make approximately 80% of the health care decisions for their families, yet often go without health care coverage themselves. Simultaneously many chiropractors are uncomfortable adjusting female concerns outside of headaches, low back or extremity pain. With females having such a large influence on healthcare choices for their families, we need to make sure chiropractors are comfortable in discussing, diagnosing, and adjusting issues related to only females.

This lecture is designed to provide new and innovative techniques to handle thoracic pain in females, pelvic constipation, PMS, and pelvic disorder. Having top-of-mind access to different ways of treatments will help avoid risk and provide confidence in the best way to naturally heal. During our 2 hours together, we will break up into 3 groups and provide hands-on demonstration and training.

Sponsored by: Winback

Friday - 7/08/2022

10:20am-Noon

Grand Ballroom J

- Michelle D. Jourdan, MS, DC,
DABCI

Risk Management

Hormonal Influences of the Female Menstrual Cycle

Course Description

This course takes the practicing physician on a journey of common conditions presented by the female patient from the onset of menarche through the post-menopausal state. Conditions reviewed in this session include benign breast conditions, PMS, pelvic pain syndromes, abnormal uterine bleeding, thyroid dysfunction and infertility. Topics explored include obtaining a pertinent gynecological history, interpretation of physical examination and diagnostic laboratory findings, and the general evaluation and treatment management of physical and hormonal imbalances as they relate to the presenting female patient.

Learning Objectives

- Formulate a pertinent detailed history and physical examination procedures as they apply to the female patient of child bearing years and menopause.
- Understand and directly apply the hormonal interpretations as they relate to the female menstrual cycle and conditions associated with pelvic pain, abnormal uterine bleeding, amenorrhea and infertility.
- Explain the pathophysiology of stress related hormonal imbalances that result in symptoms associated with premenstrual syndrome (PMS), thyroid dysfunction and menopause.

- Integrate appropriate treatment and management of common female conditions including dietary assessment, nutritional and supplemental support as well as chiropractic and complementary alternative therapies.

Friday - 7/08/2022

1pm-2:40pm

Grand Ballroom GH

- Bill Storm

Peak Performance Workshop

Course Description

Discover your next level with Tony Robbins' Top National Trainer. Tony's elite group of National Trainers advise and consult with Fortune 500 companies, executives, managers and sales professionals in the areas of Peak Performance, leadership, organizational behavior, psychology of achievement and sales.

"Success is 80% psychology and 20% mechanics. My team of Peak Performance Strategists will show you how to turn your average producers into superstars."

- Tony Robbins

During this event you will improve your performance by integrating a three-step process for creating lasting change and clearly identifying what is holding you back from reaching your true potential by closing the gap between where you are and where you want to be.

Learning Objectives

- Discuss the DRIVING FORCES that impact every decision you make in your life
- Learn Tony's top tool for generating MOMENTUM so that you can get to where you want to go NOW
- Identify the chokeholds that are holding you back from producing the results you want in your business and personal life
- Learn how to create an UNSHAKEABLE MINDSET, so that no matter what is happening in the external world; you can always produce results
- What could you achieve at your PEAK?

"I loved Bill's energy. His enthusiasm is contagious! He trained my team for two hours on how to own their role as a key contributor to the overall success of the team while taking the time to help them become conscious of the limiting beliefs and habits that have been holding them back from getting the results they want in their personal lives. Two thumbs up!"- Dr. Charlie C.

Sponsored by: Tony Robbins Company

Friday - 7/08/2022

1pm-2:40pm

Grand Ballroom A

- Cindy M. Howard, DC, DABCI,
DACBN, FIAMA, FICC

- Kristine Tohtz, DC, LAC

Clinical CE

- Michelle D. Jourdan, MS, DC,
DABCI

- Dee Hartmann, PT, DPT

Women's Health Panel - Part 2

Course Description

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Sponsored by: Winback

1pm-2:40pm

Grand Ballroom J

- Mark N. Charrette, DC

Clinical CE

Advanced Lower Extremity Adjusting - Part 1

Course Description

This 4-hour hands-on presentation covers basic biomechanics, neurology, examination procedures, indicators, and adjusting protocols for the most common subluxation patterns of the feet that are found in the typical practice. The concept of "The Noisy Joint" will be covered in detail.

This course is a "hands-on" workshop designed after the principles of DELIBERATE PRACTICE. The doctor/student will quickly acquire adjusting skills for the most commonly encountered extremity conditions. Also covered in this course are simple stabilization and rehabilitative procedures for the lower extremity.

Learning Objectives

- Understand and demonstrate the seven adjustments for the foot pronation protocol to include navicular, cuboid, cuneiforms, metatarsal heads, talus, calcaneus, and fibular head
- Understand and demonstrate the wrist extension adjustment for the knee utilizing listings of 1) medial condyle, 2) lateral condyle, and 3) posterior tibia
- Understand and demonstrate the indicator and adjustment for the hip utilizing the wrist extension thrust

Sponsored by: Foot Levelers

Friday - 7/08/2022**3:20pm-5pm**

- Jeff Lewin, DC, CCSP

Grand Ballroom GH**Documentation****Avoiding The Most Expensive Documentation Mistakes****Course Description**

Review key areas of compliance when it comes to coding, documentation and billing for Practices including Medicare. By the end of this presentation, attendees will be able to identify the key requirements for documentation and coding when it comes to compliance and reimbursement for Medicare and Commercial Payers.

Learning Objectives

- Teach healthcare providers and their staff proper medical coding, documentation and compliance techniques
- Review techniques that will help with reimbursement issues while reducing risk of audit including healthcare fraud and abuse

*Sponsored by: Eclipse***3:20pm-5pm**

- Kyle Nevius, DC

Grand Ballroom J**Clinical CE****Integration of Cannabidiol (CBD oil) for Chiropractic Physicians****Course Description**

In this session attendees will learn the history, development and current utilization of industrial hemp products/CBD oil and their uses in healthcare. This course will discuss the healthcare revolution as it occurred in 2012 and subsequent global media explosion that started research in 52 countries, it will include treatment categories by the Mayo Clinic and database management by John's Hopkins University. Information regarding guidelines for diagnoses, drug interaction and loading dose approach will be briefly discussed. legal considerations will be reviewed from a state and federal level.

Learning Objectives

- Learn the difference between controlled and non-controlled CBD products as approved for use by the FDA within the United States and Florida
- Identify discuss and differentiate between medicinal marijuana products and non-controlled CBD oil as it relates to prescription and nonprescription treatment
- Learn about the history of hemp-based CBD oil in the United States and its utilization in healthcare as well as other non-healthcare related industries
- Review and understand the data as it relates to CB one and CB two receptors and how that will play an integral role with their patients' healthcare management
- Learn about the involvement of Johns Hopkins University outpatient treatment program and data acquisition as well as treatment categories currently being developed by the Mayo Clinic as it relates to CBD oil intervention

Sponsored by: ECS Distribution

Saturday - 7/09/2022

8am-9:40am

Grand Ballroom GH

- Matthew M. Antonucci, DC,
DACNB, FACFN, FABCDD, FABVR,
FABNN

- Paul Brewer, OD, USAW

Ethics

- Joe Clark, MS, PH.D., A.T.C

- Navaz Habib, DC

- Christopher Thaver, MD

An Integrative Approach to Concussions, Played on the Field of Life

Course Description

Many are familiar with concussion diagnosis when sports are involved. But few think of concussions when witnessing falls on the park, in the airport, at the grocery store, or at home. As chiropractors ARE seeing AND TREATING concussed patients, do we know the ethical boundaries in place when witnessing, diagnosing, treating these injuries? Micky Collins published this article in 2016 that looked at concussion approaches from a multidisciplinary perspective in which he referenced his 6 subtypes of concussion: 1. Migraine (+ Autonomic and Sleep), 2. Affective (Mood), 3. Cognitive, 4. Cervical, 5. Oculomotor/Vision, 6. Vestibular Attendees will learn what a concussed individual goes through from the time they get injured until they are diagnosed. As well, all chiropractors will be reminded of how each discipline looks at and has the authority to treat concussion through their scope.

Learning Objectives

- Identify concussion in one of the six subtypes
- Differentiate your scope of practice when in the office, in public area, in Athletic Team of High School or College Programs
- Demonstrate one diagnostic test that can be used to quickly identify a concussed individual

Sponsored by: electoCore, LLC

10:20am-Noon

Grand Ballroom GH

- Kim Driggers, JD

- Coretta Anthony-Smith, Esq.

Florida Laws & Rules

- Michael Silverman, Esq.

- William Dillon, JD

Business, Rules and Laws: Let Us Protect You

This class is for Florida Doctors ONLY

Course Description

Course discussing various and frequent laws and rules impacting the chiropractic profession in Florida. Attendees will learn about the Florida chiropractic scope of practice, the basics of employment laws impacting the running of a practice, HIPAA laws used on a daily basis, the new Direct Primary Care law in Florida and how it can expand an office practice, and expanding a small office to a multidisciplinary office and the important Florida and Federal laws to be aware of that will keep you out of trouble.

Saturday - 7/09/2022

10:20am-Noon

Grand Ballroom A

- Paul Tai, DPM, FACFS, ABPS,
ABAARM, DACBN

Risk Management

The Root of All Disease – THE GUT – Brain, Weight Loss & Immune Health

Course Description

“All disease begins in the gut” – The Famous Quote attributed to the Ancient Greek physician Hippocrates, considered one of the most outstanding figures in the history of medicine. These words, spoken over 2,500 years ago, are one of the most thorough observations of human health that has stood the test of time.

Through years of research, we have confirmed that your gut bacteria and integrity of the gut lining strongly affect your health¹. Numerous studies have stated that undesirable bacterial products (Endotoxins) can leak through the gut’s lining and enter your bloodstream (LEAKY GUT)², causing your Immune system to attack and result in Chronic Inflammation³. While Acute Inflammation is necessary (redness, warmth, swelling and pain in result to injury), Chronic Inflammation is linked to serious health conditions that raise morbidity⁴, such as Heart Disease, Diabetes, Arthritis, Bowel Diseases and even Cancer.

In this lecture, Prof. Dr. Tai will provide insight to the formation and foundation of the Human Gut Microbiome from birth - its effect on the Gut-Brain Axis, Mood, Overall Well-Being and the startling detriment of Antibiotic Overuse. Join Dr. Tai as he reveals the truth behind Brain, Metabolic and Immune Health and provides All-Natural, Scientifically Backed, Plant-Based protocols for comprehensive support of the Gut & Microbiome, Brain, Immune System, Adrenals and Thyroid while reducing Life- Threatening Inflammation.

Learning Objectives

- Importance of the Physiology of the Human Microbiome
- Clinical Application of The Gut-Brain Axis - The largest Communication System in the body
- Gut Microbiota’s effects on Brain, Metabolic & Immune System
- Changes in Human Microbiome and Microbial Colonization from Birth to Adulthood
- Physiology of Melatonin & Pregnenolone in Brain Health
- The effects of Stress on Gut Microbiota Composition

Sponsored by: Health Secrets USA

1pm-2:40pm

Grand Ballroom GH

- Navaz Habib, DC

Clinical CE

Upgrading the Gut-Brain Axis through Vagus Nerve Activation

Sponsored by: electoCore, LLC

Saturday - 7/09/2022

1pm-2:40pm

Grand Ballroom A

- Matthew M. Antonucci, DC,
DACNB, FACFN, FABCDD, FABVR,
FABNN

Clinical CE

Shining Light on Concussion (Cold Laser Applications)

Learning Objectives

- Learn how brain cells produce energy
- Review the history of photobiomodulation
- Explore cellular mechanisms of light therapy and Identify the components of photobiomodulation
- Calculate exposure for appropriate dose-response
- Review possible effects of photobiomodulation and Identify a clinical workflow implementing photobiomodulation
- Perform a demonstration of photobiomodulation

Sponsored by: Avant

1pm-2:40pm

Grand Ballroom J

- David Seaman, DC

Clinical CE

Saving a Golfer's Joints and Muscles: Swing Tips and Joint/Muscle Nutrition

Course Description

Golf continues to be a popular game for all ages. To play without pain and to be able to play in your 80s and 90s requires a healthy body and a non-stressful swing motion. This course will apply kinesiological principles to the golf swing and outline how proper nutrition can promote musculoskeletal health.

Learning Objectives

- Discuss how standing too close to the ball creates swing faults and unnecessary musculoskeletal stress
- Compensatory movements that sacrifice proper power application and promote injury
- Diet and musculoskeletal degeneration vs regeneration
- Nutritional supplements for musculoskeletal health

Sponsored by: Anabolic Labs

Saturday - 7/09/2022

1pm-2:40pm

Grand Ballroom I

- Kristine Tohtz, DC, LAC

Acupuncture Risk Mgmt
(Acup. Cert. DC's ONLY)

TCM Pediatrics: Identification of Children in the 5 Element Model for Better Treatment Options

Course Description

Because communication with children can be overshadowed by parental wants and desires, learning to effectively observe a child and obtain pertinent history in the TCM model is crucial in best treatment practices for children. At the end of this course the acupuncturist and chiropractic acupuncturist shall be able to assign one of the five major elements diagnostically to the child. This will ease in treatment strategies for the practitioner but also help the parents, teachers, and other providers of care for the child with work and socialization; allowing the child to achieve a more healthy and harmonious existence within both their body and environment. Safety procedures will also be discussed in how to explain procedures to parents, how to handle needles, laser and tui na procedures for the children.

Learning Objectives

- Learn and assign one of the five major elements diagnostically to the child
- Discuss and learn treatment strategies to help the parents, teachers, and other providers of care for the child
- Review safety procedures on how to explain procedures to parents

3:20pm-5pm

Grand Ballroom GH

- Kim Driggers, JD

- Michael Coates, President,
Personal Injury Made Easy

Documentation

- Maria Flaquer, MD

MUST KNOW BILLING AND CODING REQUIREMENTS: The No Surprises Act and Billing LBP X-Rays -Update from Florida Blue

Course Description

The Course will instruct attendees on the No Surprises Act (NSA), a January 1st, 2022, law impacting physicians who treat uninsured or self-pay patients. The law is mandatory and applies to most physicians. The presenters will teach attendees how to get through the NSA, including the Good Faith Estimate required for these patients. Next, the NCQA HEDIS measures are having a burgeoning impact on all disciplines. Florida Blue has incorporated the NCQA HEDIS measures for low back pain patients. For the first time, the FCA is hosting Florida Blue's FEP Senior Medical Director, Dr. Maria Flaquer, MD, to teach attendees about the NCQA's HEDIS measure and its documentation and coding impact on x-rays for low back pain.

Sponsored by: Personal Injury Made Easy

Saturday - 7/09/2022

3:20pm-5pm

Grand Ballroom I

- Kristine Tohtz, DC, LAC

**Acupuncture Technique
(Acup. Cert. DC's ONLY)**

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3:20pm-5pm

Grand Ballroom J

- Sabrina Atkins, DC

Clinical CE

How To Manually Adjust Patients Twice Your Size For Decades & Avoid Injury

Course Description

If you love to manually adjust, then this is the lecture for you! Chiropractic Physician for the NBA Bubble, Dr. Sabrina Atkins shares some of her tricks of the trade in working with athletes twice her size. Dr. Atkins has used manual adjustment techniques for over 20. Join her and learn ways to save your body, while accurately delivering an amazing adjustment.

Learning Objectives

- Collaborate with classmates on manipulation strategies for full spine and extremity of patients larger than you
- Review motion palpation while learning new ways to creating leverage, setting you up for an accurate and powerful adjustment
- Identify biomechanics that allow you to work around the most common injuries (professional or weekend warriors)

Saturday - 7/09/2022

3:20pm-5pm

Grand Ballroom A

- Paul Brewer, OD, USAW

Clinical CE

The Basics of Sports Vision Training for Chiropractors

Learning Objectives

- Review the Main Components of Sports Vision and Discuss Common Conditions Amenable to Training
- Assess and Improve Stereoacuity
- Assess and Improve Binocular Fusion
- Assess and Improve Eye Discipline, Vergence Movements and Visual-Cognitive Processing

- Implement Sports Vision Training in a Chiropractic Practice

Sunday - 7/10/2022

8am-9:40am

Addison East

- Todd Narson, DC, DACBSP

Documentation

Documentation, CPT Coding & Record Keeping for Personal Injury, Sports Injury & Rehab

Course Description

Proper documentation and proper CPT coding and are co-dependent in today's chiropractic practice. A thorough discussion of documentation of the doctor's encounter with the new patient and subsequent follow up visits including establishing medical necessity for all treatment recommended and performed along with the proper use of CPT coding as it pertains to the most common examination and treatment procedure codes in the modern chiropractic practice.

This discussion begins with end in mind by starting from the insurance reimbursement check and works backwards through a thorough dissection of the health insurance claim form, daily SOAP notes and the initial report. The entire discussion is centered on medical necessity and the doctors are shown how medical necessity is developed and where it comes into play from the initial visit to the printing of a claim form.

We continue with a discussion of various CPT codes used in the chiropractic practice. Compare and contrast therapeutic modalities with physical therapies. Examples are given throughout showing (1) how to choose the appropriate code and (2) how to document the use of that code in the patient's records.

Learning Objectives

- Understand how to establish medical necessity to support their treatment plans and to document appropriately to (a) avoid payment delays or denials
- Reduce the likelihood of compliance audits and fraud, and (3) to get reimbursed for their time and expertise

Sponsored by: ChiroSecure

8am-9:40am

Addison West

- Mark N. Charrette, DC

Risk Management

Managing Risks on Popular Extremity Adjustments

Course Description

This course is a "hands-on" workshop designed after the principles of DELIBERATE PRACTICE. The doctor/student will quickly acquire adjusting skills for the most commonly encountered extremity conditions. Also covered in this course are simple stabilization and rehabilitative procedures for the lower extremity.

Sponsored by: Foot Levelers

Sunday - 7/10/2022

10am-11:40am

Addison East

- [Jeff Lewin, DC, CCSP](#)

Documentation

Documenting and Coding in 2022

Course Description

2020 has brought changes in many of the ICD-10 codes used daily by many chiropractors. This course will give an overview of how an ICD-10 code is constructed and what many of the changes of interest to the chiropractic profession have been.

Additionally, 2021 will see changes in Evaluation and Management codes impacting practices across the healthcare spectrum. Attendees will learn these what these changes are and how to select the proper E&M code for the services they provide using the new guidelines.

This course will also include an overview of proper coding modifiers that are now needed for proper reporting and reimbursement of many of the services that form the core of what chiropractors offer in their practices today.

Learning and implementation of this information will not only be vital for documentation purposes but also serves as compliance training for the doctor and his/her staff that should be part of the practice's compliance program.

Sponsored by: Eclipse

10am-11:40am

Addison West

- [Mark N. Charrette, DC](#)

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