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## THE NATIONAL BY FCA 2017

Hyatt Regency Orlando  
Orlando, FL

August 24, 2017 - August 27, 2017

**\*Please note that each speaker's name is a link that will allow you to view their photo and bio...just click on the link and learn about our fantastic speakers!\***

FL Board of Chiropractic CE Provider #50-2667

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# LMT

# COURSE CATALOG

## **Thursday - 8/24/2017**

**3:20pm-5pm**

**Plaza International**

- Jay S. Greenstein, DC, CCSP, CGFI-L1, - Spencer H. Baron, DC, DACBSP  
CKTP, FMS

- Cindy Howard, DC, DABCI, DACBN,  
FIAMA

- Alan K. Sokoloff, DC

- Michael K. Bagnell, DC, FABBIR

- Kayla McHale, MS, LAT, ATC

- Benny Vaughn, LMT, BCTMB, ATC,  
LAT, CSCS, MTI

### **Triaging Athletes with Healthcare Professionals: Risk Factors for Every Practice**

#### **Course Description**

It is still public perception that the athletic medical team doesn't include chiropractic care. Contrary to this belief, this panel discussion will use case studies showcasing the most difficult cases and how chiropractic plays an integral role in the improvement of athletes, allowing them to return-to-play quicker, with more accuracy and better health. The collective team approach will be illustrated by multiple disciplines with multiple specialties giving advice on each case, symbolic of an athletic team working together for the collective healing of the athlete. Highlighted throughout the session, is the risk of not having a chiropractor involved in athletics and how this miss can be detrimental to the team. The evidence conveyed in this lecture will be applicable from professional team sports, as well as pee-wee athletes and all ages in between. Becoming familiar with the chiropractic role in helping athletes is a great practice builder, and knowing the risks the athlete can avoid could be life changing.

#### **Learning Objectives**

- Establish working relationships with local high schools, coaches, trainers, and doctors that will expand your practice
- Develop an emergency action plan to promote safety at sporting events
- Understand the history of the Paralympic movement, and why there has been a recent spike in disabled athletes
- Learn how to recognize, and treat, the most serious medical issues that disabled athletes are likely to experience

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CJ3 Consulting, LLC*

## Friday - 8/25/2017

8am-9:40am

Bayhill 17-18

- Michael McGillicuddy, LMT, NCTMB,  
CKTI

### Prevention of Medical Errors

#### Course Description

Medical errors are a serious, and unfortunately common occurrence in the health care industry harming at least 1.5 million people every year in the United States. Did you know that preventable medical errors kill more people than AIDS and automobile accidents combined? This course explores the different types of medical errors, their causes and consequences, and means of prevention. If you are a health care professional or have any dealings with them, this course is a read!

#### Learning Objectives

- Identify the most common types of medical errors are made in a massage clinic or spa
- Distinguish which errors are preventable
- Learn how to protect your clients, your business and yourself
- BRING TO CLASS: PEN/PAPER
- NCBTMB # 284869-00
- FL Provider #50-8500
- FL Course #20-451300
- CEB #20-451300

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## **Friday - 8/25/2017**

10am-1pm & 2pm-5pm

Bayhill 17-18

- Benny Vaughn, LMT, BCTMB, ATC,  
LAT, CSCS, MTI

### **Orthopedic Assessment and Treatment Strategies for Massage Therapists - Focus: Shoulders/Kinesiology Taping**

#### **Course Description**

Massage therapy is most effective when the reported symptoms are clearly understood by the massage therapist. This course consist of lecture, demonstration and practice. The principles of assessment along with associated muscle and fascial anatomy are outlined into an effective model to identify client challenges. The instructor will demonstrate and describe each orthopedic assessment test and describe what the practitioner looks for to determine whether the test is positive or negative for the assigned condition. Attendees will partner up with each other and the instructor will coach them through the testing process.

- BRING TO CLASS: Massage Table, Sheet or towel for table, two (2) bath towels to use for working hands-on.

Attendees should wear: Athletic wear for easy and comfortable movement and allows access to skin on arms and entire lower extremity for hands on. Example: Athletic shorts, tank tops, T-shirts

- Provider # 1088  
CE Broker # 20-596242

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**Saturday - 8/26/2017****8am-9:40am****Bayhill 17-18**- Michael McGillicuddy, LMT, NCTMB,  
CKTI**Ethics of Touch for the LMT****Course Description**

This class fulfills the 2 hour Ethics requirement for the Florida Board of Massage Therapy which all LMTs in the State of Florida need (except for the first renewal for new therapists). Topics covered include: dual relationships, boundaries, communications, and ethical dilemma resolution techniques. This is a course about professional ethics in the massage and bodywork industry. There is an emphasis on Section V, called Roles and Boundaries; which counts? This course has 2 of the 6 hours on Standard V. Most of us know just about everything there is to know about ethical practices. It is our job to keep up with current trends and changes in our profession in regards to ethics. It is also our job to be sure that we understand what our roles are and the responsibilities that come with it.

**Learning Objectives**

- Understand ethical relations in the field of massage therapy
- Recognize what constitutes a professional
- Identify what roles the Standards of Practice play in massage therapy
- NCBTMB # 284869-00
- FL Provider #50-8500
- CE Broker #20-451299

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**10:20am-Noon****Bayhill 17-18**

- Michael McGillicuddy, LMT, NCTMB, CKTI  
- Benny Vaughn, LMT, BCTMB, ATC, LAT, CSCS, MTI  
- George Kousaleos, LMT, NCTMB

**Intro to Sports Massage: Athletic Performance Massage Expert Panel****Course Description**

Come learn about athletic performance massage from some of the top industry experts. Benny, Mike and George have had experience with high school, college, professional and Olympic athletes and teams. They will share their stories first-hand about working in this exciting field. Bring your questions for this esteemed panel.

- BRING TO CLASS: Pen/Paper
- NCBTMB # 284869-00
- FL Provider # 50-8500
- CE Broker # 20-616838

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## **Saturday - 8/26/2017**

**1pm-2:40pm & 3:20pm-5pm**

**Bayhill 17-18**

- Michael McGillicuddy, LMT, NCTMB,  
CKTI

### **Introduction to Sports Injuries and Massage Therapy Treatments for the Cervical Spine**

#### **Course Description**

This course will introduce participants to common cervical injuries in sports and will include a massage therapy demonstration using multiple modalities. The information is intended to educate the participants in what sports injuries occur to the cervical area and how massage therapy and stretching techniques may be applied to the area. Massage techniques will include myofascial, neuromuscular therapy and basic craniosacral therapy. Outcomes intended include decreasing pain and discomfort while increasing range of motion.

- BRING TO CLASS: Massage Table, Sheets - Attendees should wear tank tops or sports bra for easy access to neck and shoulders.
- NCBTMB #284869-00  
FL Provider #50-8500  
CE Broker # 20-606044

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**Sunday - 8/27/2017****8am-9:40am****Manatee Spring I-II**- Michael McGillicuddy, LMT, NCTMB,  
CKTI**Florida Laws Review for the LMT****Course Description**

This class fulfills the 2 hour Laws & Rules requirement for the Florida Board of Massage Therapy which all LMTs in the State of Florida need (except for the first renewal for new therapists). Topics covered include highlights and most frequently and unintentionally broken "Laws & Rules" from: FS 456 and 480 (the Massage Practice Act) as well as f.a.c. 64B-7 (Board of Massage Therapy Rules). This course contains the most recent laws and regulations as they apply to the state of Florida and its health care providers. As massage therapists, we are considered to be health care providers, and this course pertains exclusively to therapists that are currently licensed in the State of Florida. There will also be a Question and Answer portion of this class so bring along any questions you might have to class.

**Learning Objectives**

- Learn about massage laws in the state of Florida
- Understand how they pertain to licensed massage therapists.
- Avoid the most frequent and commonly broken laws in the state.
- BRING TO CLASS: Pen/Paper
- NCBTMB # 284869-00
- FL Provider #50-8500
- CE Broker #20-451298

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**10am-1pm & 2pm-4:40pm****Manatee Spring I-II**

- George Kousaleos, LMT, NCTMB

**Myofascial Therapy for the Legs****Course Description**

This 6 hour CE course is a part of the CORE Myofascial Therapy Certification course of the CORE Institute. Myofascial Therapy for the Legs focuses on treatment for the pelvis and lower appendicular region, including technique protocols for the four sides of the leg. Outcomes include improved structural alignment, increased joint mobility, better stride-length and balance, and decrease of chronic pain. Improvement in neurosomatic awareness is supported by additional client-education strategies and exercises.

- BRING TO CLASS: Massage Table, sheet set, large bolster, loose athletic wear (shorts or bathing suit bottom)
- Provider # 450170-06
- CE Broker # 20-21431

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