



THE NATIONAL BY FCA 2018

Hyatt Regency Orlando
Orlando, FL

August 16, 2018 - August 19, 2018

Please note that each speaker's name is a link that will allow you to view their photo and bio...just click on the link and learn about our fantastic speakers!

FL Board of Chiropractic CE Provider #50-2667

LMT

COURSE CATALOG

Friday - 8/17/2018

9am-Noon & 1pm-4pm

Windermere Ballroom Z

- Tina Allen, LMT, CPMPT, CPMT of
Liddle Kidz Foundation

Pediatric Massage: An Integrative Approach to Children's Healthcare

Course Description

Massage therapy has been found to be beneficial in many clinical conditions. Touch stimulates the brain and most noticeably affects the limbic system, which is involved with emotion, learning, and memory. Children have a fundamental need for tactile stimulation with respect to our relational nature as human beings. Touch furthers growth and development and is essential for our survival. Receiving professional touch therapy, therefore, can be a vital contribution to the healing process and can aid in healthy development. Children require tactile stimulation through a variety of sources to fully develop their body, mind, and spirit.

Those who receive massage therapy may experience many benefits including decreased anxiety, improved pulmonary and immune function, increased weight gain, enhanced body image, healthy sense of boundaries, stress reduction and an overall sense of well-being.

During this information-packed session, participants will learn about the many benefits of pediatric massage through review of available research, as well as the indications and contraindications for pediatric massage therapy. There will be demonstration and hands-on practice of simple pediatric massage techniques, including those which aid in decreasing pain, anxiety, stress, discomfort and manage some common chronic pediatric conditions.

Participants will learn developmentally appropriate adaptations of common pediatric massage techniques and will take away applications that will add to a health care provider's professional practice and integrative tool kit.

Learning Objectives

- Learn the areas of the body which may be vulnerable to touch for young children
- Learn to perform permission process for obtaining permission from child client/patient prior to performing massage therapy techniques
- Perform massage techniques designed for pediatric clients/patients
- BRING YOUR MASSAGE TABLE AND SHEET FOR HANDS ON DEMONSTRATION.
- NCBTMB Provider # - 450613-08; CE Broker # 20-624489

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Saturday - 8/18/2018

9am-Noon & 1pm-4pm

Windermere Ballroom Z

- Drew Freedman, BCMT, CKMTI

Get Your Tape On! Kinesiology Taping for Youth Sports Injuries and Active Children

Course Description

The goal of this Kinesiology taping workshop is to provide massage therapists with the means of understanding the fundamental principles and therapeutic applications of Kinesiology Taping. This workshop will introduce you to the range of benefits kinesiology taping can have within your massage practice. You will learn the fundamentals of kinesiology taping, discuss the research that supports its use and how to apply a variety of different taping methods in order to achieve maximized results. The curriculum has been designed to provide attendees with all the knowledge necessary to skillfully apply kinesiology tape to ANY appropriate client the day after completing the class.

In addition to learning application protocols that will allow you to properly apply tape to any client with an appropriate condition, specific emphasis will be placed on customized taping applications for pathologies commonly seen in youth sports and active children. This class will focus on the etiology and signs and symptoms of injuries such as joint sprains and muscle strains as well as common conditions such as Little League Elbow, Shin Splints and Sever's Disease.

Learning Objectives

- Understand the fundamental principles and therapeutic applications of Kinesiology Taping
- Learn application protocols that will allow you to properly apply tape to any client with an appropriate condition
- Emphasis customized taping applications for pathologies commonly seen in youth sports and active children
- Focus on the etiology and signs and symptoms of injuries such as joint sprains and muscle strains in youth sports injuries
- BRING YOUR MASSAGE TABLE AND SHEET FOR HANDS WORKSHOP.
- NCBTMB # 451603-11; CE Broker # 20-657374

Sponsored by: Performance Health Products/Biofreeze, TheraBand, TheraPearl, Bon Vital

Sunday - 8/19/2018

8am-9:40am

Coral Spring I-II

- Michael McGillicuddy, LMT, NCTMB,
CKTI

Florida Laws Review for the LMT

Course Description

This class fulfills the 2 hour Laws & Rules requirement for the Florida Board of Massage Therapy which all LMTs in the State of Florida need (except for the first renewal for new therapists). Topics covered include highlights and most frequently and unintentionally broken "Laws & Rules" from: FS 456 and 480 (the Massage Practice Act) as well as f.a.c. 64B-7 (Board of Massage Therapy Rules). This course contains the most recent laws and regulations as they apply to the state of Florida and its health care providers. As massage therapists, we are considered to be health care providers, and this course pertains exclusively to therapists that are currently licensed in the State of Florida. There will also be a Question and Answer portion of this class so bring along any questions you might have to class.

Learning Objectives

- Learn about massage laws in the state of Florida
- Understand how they pertain to licensed massage therapists.
- Avoid the most frequent and commonly broken laws in the state.
- BRING TO CLASS: Pen/Paper
- NCBTMB # 284869-00; FL Provider # 50-8500; CE Broker # 20-451298

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Sunday - 8/19/2018**10:20am-Noon****Coral Spring I-II**- Michael McGillicuddy, LMT, NCTMB,
CKTI**Ethics of Touch for the LMT****Course Description**

This class fulfills the 2 hour Ethics requirement for the Florida Board of Massage Therapy which all LMTs in the State of Florida need (except for the first renewal for new therapists). Topics covered include: dual relationships, boundaries, communications, and ethical dilemma resolution techniques. This is a course about professional ethics in the massage and bodywork industry. There is an emphasis on Section V, called Roles and Boundaries; which counts? This course has 2 of the 6 hours on Standard V. Most of us know just about everything there is to know about ethical practices. It is our job to keep up with current trends and changes in our profession in regards to ethics. It is also our job to be sure that we understand what our roles are and the responsibilities that come with it.

Learning Objectives

- Understand ethical relations in the field of massage therapy
- Recognize what constitutes a professional
- Identify what roles the Standards of Practice play in massage therapy
- NCBTMB # 284869-00; FL Provider # 50-8500; CE Broker # 20-451299

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1pm-2:40pm**Coral Spring I-II**- Michael McGillicuddy, LMT, NCTMB,
CKTI**Prevention of Medical Errors****Course Description**

Medical errors are a serious, and unfortunately common occurrence in the health care industry harming at least 1.5 million people every year in the United States. Did you know that preventable medical errors kill more people than AIDS and automobile accidents combined? This course explores the different types of medical errors, their causes and consequences, and means of prevention. If you are a health care professional or have any dealings with them, this course is a read!

Learning Objectives

- Identify the most common types of medical errors are made in a massage clinic or spa
- Distinguish which errors are preventable
- Learn how to protect your clients, your business and yourself
- BRING TO CLASS: PEN/PAPER
- NCBTMB # 284869-00; FL Provider # 50-8500; FL Course # 20-451300; CE Broker # 20-451300

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