



THE NATIONAL BY FCA 2019

Hyatt Regency Orlando
Orlando, FL

August 22, 2019 - August 25, 2019

Please note that each speaker's name is a link that will allow you to view their photo and bio...just click on the link and learn about our fantastic speakers!

FL Board of Chiropractic CE Provider #50-2667

LMT

COURSE CATALOG

Friday - 8/23/2019

9am-Noon & 1pm-4pm

- Matthew C. Howe, LMT, ICST

PTSD Specifics

Course Description

This is a 6-hour workshop that will help the students gain a deeper understanding of how bodywork benefits people that have experienced trauma. We explore how trauma impacts the flexibility of the nervous system. Learn about the diagnostic criteria through the massage scope of practice. Interdisciplinary, hands-on techniques support the transition between how trauma presents into how we help.

Learning Objectives

- Describe what trauma is and what the clinical presentations for PTSD may be
- Discuss the influence PTSD has on the healing body
- Perform bodywork techniques that support the healing body through healthy touch

• CE Broker Class: 20-648652

CE Broker Provider: 50-9319

NCBTMB AP: 450438-07

Saturday - 8/24/2019

9am-Noon

- Michael McGillicuddy, LMT, NCTMB,
CKTI

Introduction to Therapeutic Cupping

Course Description

Introduction to Therapeutic Cupping is intended to introduce massage therapists to multiple types of cupping techniques. The presentation will include the history of cupping, the benefits of cupping and the application of cupping. There will be a demonstration with hands on participation. Please bring your massage table, sheets and oil, and dress appropriately so you can receive the work on upper and lower body.

Learning Objectives

- Study the history of cupping
- Learn the multiple types of cupping techniques
- **Bring your massage table, sheets and oil, and dress appropriately so you can receive the work on upper and lower body**
- #20-724274

1pm-4pm

- Michael McGillicuddy, LMT, NCTMB,
CKTI

Instrumented Assisted Soft Tissue Manipulation

Course Description

Instrumented Assisted Soft Tissue Manipulation is intended to educate massage therapists on the history, theory and application of "IASTM". There will be a demonstration with various instruments with hands on participation. Please bring your massage table, sheets and oil, and dress appropriately so you can receive the work on upper and lower body.

Learning Objectives

- Educate massage therapist on the history, theory and applications of "IASTM"
- **Please bring your massage table, sheets and oil, and dress appropriately so you can receive the work on upper and lower body.**
- #20-724276

Sunday - 8/25/2019

8am-9:40am

- Michael McGillicuddy, LMT, NCTMB,
CKTI

Ethics of Touch for the LMT

Course Description

This class fulfills the 2 hour Ethics requirement for the Florida Board of Massage Therapy which all LMTs in the State of Florida need (except for the first renewal for new therapists). Topics covered include: dual relationships, boundaries, communications, and ethical dilemma resolution techniques. This is a course about professional ethics in the massage and bodywork industry. There is an emphasis on Section V, called Roles and Boundaries; which counts? This course has 2 of the 6 hours on Standard V. Most of us know just about everything there is to know about ethical practices. It is our job to keep up with current trends and changes in our profession in regards to ethics. It is also our job to be sure that we understand what our roles are and the responsibilities that come with it.

Learning Objectives

- Understand ethical relations in the field of massage therapy
- Recognize what constitutes a professional
- Identify what roles the Standards of Practice play in massage therapy
- NCBTMB # 284869-00; FL Provider # 50-8500; CE Broker # 20-451299

10:20am-Noon

- Michael McGillicuddy, LMT, NCTMB, - Kyle Nevius, DC
CKTI

Florida Laws Review for the LMT

Course Description

This class fulfills the 2 hour Laws & Rules requirement for the Florida Board of Massage Therapy which all LMTs in the State of Florida need (except for the first renewal for new therapists). Topics covered include highlights and most frequently and unintentionally broken "Laws & Rules" from: FS 456 and 480 (the Massage Practice Act) as well as f.a.c. 64B-7 (Board of Massage Therapy Rules). This course contains the most recent laws and regulations as they apply to the state of Florida and its health care providers. As massage therapists, we are considered to be health care providers, and this course pertains exclusively to therapists that are currently licensed in the State of Florida. There will be a Question and Answer portion of this class and a discussion of CBD Products with Dr. Kyle Nevis, so bring along any questions you might have to class.

Learning Objectives

- Learn about massage laws in the state of Florida
- Understand how they pertain to licensed massage therapists.
- Avoid the most frequent and commonly broken laws in the state.
- Discussion on CBD Products
- BRING TO CLASS: Pen/Paper
- NCBTMB # 284869-00; FL Provider # 50-8500; CE Broker # 20-451298

Sunday - 8/25/2019

1pm-2:40pm

- Michael McGillicuddy, LMT, NCTMB,
CKTI

Prevention of Medical Errors

Course Description

Medical errors are a serious, and unfortunately common occurrence in the health care industry harming at least 1.5 million people every year in the United States. Did you know that preventable medical errors kill more people than AIDS and automobile accidents combined? This course explores the different types of medical errors, their causes and consequences, and means of prevention. If you are a health care professional or have any dealings with them, this course is a read!

Learning Objectives

- Identify the most common types of medical errors are made in a massage clinic or spa
- Distinguish which errors are preventable
- Learn how to protect your clients, your business and yourself
- BRING TO CLASS: PEN/PAPER
- NCBTMB # 284869-00; FL Provider # 50-8500; FL Course # 20-451300; CE Broker # 20-451300