



THE NATIONAL BY FCA 2020

Hyatt Regency Orlando
Orlando, FL

August 27, 2020 - August 30, 2020

Please note that each speaker's name is a link that will allow you to view their photo and bio...just click on the link and learn about our fantastic speakers!

FL Board of Chiropractic CE Provider #50-2667

LMT

COURSE CATALOG

Friday - 11/06/2020

10:20am-Noon

Bayhill 19-20

- Michael McGillicuddy, LMT, NCTMB,
CKTI

Massage Therapy Techniques for Treating the Neck and Shoulders - The Art and Finesse of Therapeutic Stretching

Course Description

Learn how using Active Isolated Stretching Techniques to treat the neck and shoulders can improve circulation, reduce muscle spasms and breakdown adhesions that may form in muscle tissue. The results of stretching are often improved by learning the finesse of the application

- CE Broker Approval Number 20-706373

1pm-2:40pm & 3:20pm-5pm

Bayhill 19-20

- Jeffrey Cullers, DC

Anterior Scalene Muscle Syndrome (Text Neck)

Course Description

In this interactive and challenging seminar, Chiropractic Physician, SOMI Certified Medical Massage Practitioner/Trainer, and Licensed Massage Therapist Dr. Jeff Cullers, will introduce you to the science of and the clinical application of Somatic Rehabilitation and how to properly assess, treat and oftentimes eliminate a condition affecting many people today called "Text Neck".

"Text Neck" aka Anterior Scalene Muscle Syndrome can contribute to 14 conditions related to the upper extremities and affects many people today.

This seminar will focus on the anatomy and physiology of Scalene Muscles, their relation to Brachial Plexus, Subclavian Artery, and Vein; assessment and evaluation of Anterior Scalene Muscle Syndrome/Thoracic Outlet Syndrome.

Learning Objectives

- Learn how to easily assess for conditions related to the cervical spine and upper extremity such as Anterior Scalene Muscle Syndrome aka Thoracic Outlet Syndrome, Upper Cross Syndrome
- Learn how to establish a logical understanding of the scientifically based pattern of soft tissue rehabilitation using the concept of Somatic Rehabilitation aka Medical Massage
- Learn to use the proper application of an easy to use clinically proven, hands-on treatment protocol.

Saturday - 11/07/2020**10:20am-Noon****Bayhill 19-20**

- Danny Porcelli, DC

LMT - Compression Band Flossing**Course Description**

This course introduces the concept of skin/fascial/nerve gliding to help reduce tissue swelling, improve movement and modulate pain with the use of 'compression band floss.' This course will cover the anatomy, physiology, and neurology of the effects of compression band flossing on connective tissue gliding, tissue traction and tissue compression. Interventions with compression band floss (including direction and pressure concepts) will be reviewed and integrated into current rehabilitative concepts.

Learning Objectives

- Define, understand, and integrate the myofascial sequencing model
- Discover and explore neuroanatomy of the dermal/fascial subsystem
- Describe and interpret the research as it relates to connective tissue gliding and pain modulation
- Integrate banded floss techniques for soft tissue pathology as it relates to tension, direction, and pressure

1pm-2:40pm**Bayhill 19-20**

- Danny Porcelli, DC

LMT - Myofascial Cupping**Course Description**

This course introduces the concept of skin/fascial decompression to help improve tissue mobility, improve movement, and modulate pain with the use of myofascial cups. This course will cover the anatomy, physiology, and neurology of the effects of myofascial cupping on connective tissue gliding, tissue traction and tissue decompression.

Interventions with myofascial cupping will be reviewed based on the literature and integrated into current rehabilitative concepts.

Learning Objectives

- Discover and explore neuroanatomy of the dermal & fascial subsystem
- Recognize and demonstrate a novel skin/fascial/movement screening process
- Describe and interpret the research as it relates to connective tissue gliding, pain modulation, and movement therapies
- Integrate myofascial cupping techniques related to soft tissue pathology as it relates to tension/decompression, direction, and pressure

Saturday - 11/07/2020

3:20pm-5pm

Bayhill 19-20

- Danny Porcelli, DC

LMT - Evidence-Informed, Functional Kinesiology Taping

Course Description

This course introduces the concept of movement therapy and enhancement via functional taping methods. It includes a review of the current literature supporting the theory of kinesiology taping for the purposes of rehabilitation, edema/swelling management, neuropathic pain, and postural management along with risk management recommendations.

Learning Objectives

- Introduce the concept of a longitudinal muscle chain approach to the elastic therapeutic taping
- Understand the physiological effects of kinesiology taping
- Learn functional taping and understand its role and use for the applications of rehabilitation, edema management, and posture
- Understand indication, contra-indications along with taping negotiable and non-negotiable recommendations to increase efficacy and safety of taping applications
- Introduce a myofascial sequencing model of “taping movements, not muscles

Sunday - 11/08/2020**8am-9:40am****Bayhill 19-20**- Michael McGillicuddy, LMT, NCTMB,
CKTI**Ethics of Touch for the LMT****Course Description**

This class fulfills the 2 hour Ethics requirement for the Florida Board of Massage Therapy which all LMTs in the State of Florida need (except for the first renewal for new therapists). Topics covered include: dual relationships, boundaries, communications, and ethical dilemma resolution techniques. This is a course about professional ethics in the massage and bodywork industry. There is an emphasis on Section V, called Roles and Boundaries; which counts? This course has 2 of the 6 hours on Standard V. Most of us know just about everything there is to know about ethical practices. It is our job to keep up with current trends and changes in our profession in regards to ethics. It is also our job to be sure that we understand what our roles are and the responsibilities that come with it.

Learning Objectives

- Understand ethical relations in the field of massage therapy
- Recognize what constitutes a professional
- Identify what roles the Standards of Practice play in massage therapy
- NCBTMB # 284869-00; FL Provider # 50-8500; CE Broker # 20-451299

10:20am-Noon**Bayhill 19-20**- Michael McGillicuddy, LMT, NCTMB,
CKTI**Florida Laws Review for the LMT****Course Description**

This class fulfills the 2 hour Laws & Rules requirement for the Florida Board of Massage Therapy which all LMTs in the State of Florida need (except for the first renewal for new therapists). Topics covered include highlights and most frequently and unintentionally broken "Laws & Rules" from: FS 456 and 480 (the Massage Practice Act) as well as f.a.c. 64B-7 (Board of Massage Therapy Rules). This course contains the most recent laws and regulations as they apply to the state of Florida and its health care providers. As massage therapists, we are considered to be health care providers, and this course pertains exclusively to therapists that are currently licensed in the State of Florida. There will be a Question and Answer portion of this class.

Learning Objectives

- Learn about massage laws in the state of Florida
- Understand how they pertain to licensed massage therapists.
- Avoid the most frequent and commonly broken laws in the state.
- BRING TO CLASS: Pen/Paper
- NCBTMB # 284869-00; FL Provider # 50-8500; CE Broker # 20-451298

Sunday - 11/08/2020

1pm-2:40pm

Bayhill 19-20

- Michael McGillicuddy, LMT, NCTMB,
CKTI

Prevention of Medical Errors

Course Description

Medical errors are a serious, and unfortunately common occurrence in the health care industry harming at least 1.5 million people every year in the United States. Did you know that preventable medical errors kill more people than AIDS and automobile accidents combined? This course explores the different types of medical errors, their causes and consequences, and means of prevention. If you are a health care professional or have any dealings with them, this course is a read!

Learning Objectives

- Identify the most common types of medical errors are made in a massage clinic or spa
- Distinguish which errors are preventable
- Learn how to protect your clients, your business and yourself
- BRING TO CLASS: PEN/PAPER
- NCBTMB # 284869-00; FL Provider # 50-8500; FL Course # 20-451300; CE Broker # 20-451300