

# ANNUAL PROFESSIONAL BASEBALL CHIROPRACTIC SOCIETY WORKSHOP

## NOVEMBER 21 – 24, 2024

Naples Grande Beach Resort, Naples Florida



### THURSDAY NOVEMBER 21, 2024

6:30 p.m. - 8:30 p.m.

Meet-and-greet for team doctors, speakers and sponsors

### FRIDAY NOVEMBER 22, 2024

7:00 am – 7:45 am

**Sponsored Breakfast** (for team doctors and speakers only)

7:45 am – 8:15 am

**Visit with the vendors**, all attendees

8:15 am – 10:10 am

**Mastering the Nervous System of the Athlete** - Sean Drake DC

10:10 am – 10:30 am

**Break:** Visit with the vendors

10:30 am – 11:20 am

**Integrative Health Call to Action - Addressing the Opioid and Mental Health Crises - Part 1** - John Rosa, DC

11:20 am – 11:35 am

**PBCS Lifetime Achievement Award**

11:35 am – 12:00 pm

**Break:** Visit with the vendors

12:00 pm – 1:00 pm

**Sponsored Lunch** (for team doctors and speakers only)

1:10 pm – 2:15 pm

**Integrative Health Call to Action - Addressing the Opioid and Mental Health Crises - Part 2** - John Rosa, DC

2:15 pm – 2:45 pm

**Expert Panel**- Ask the questions you have always wanted to know, to the professionals that have been in the trenches of MLB for many years. Panelists are *Brad Pearson - VP of Sports Medicine and Performance, Boston Red Sox; Nick Kenney - Director of Major League Medical Admin., KC Royals; Todd Tomczyk – Director of Sports Medicine, Pittsburgh Pirates; T.J. Hagan – Team Chiropractor, Boston Red Sox; Patrick Hammond – Team Chiropractor, KC Royals; Rick Bishop – Team Chiropractor, Pittsburgh Pirates*

2:45 pm – 3:15 pm

**Keynote Address-**

*Mark Letendre ATC – Co-founder of PBATS, Head A.T.,C. for the San Francisco Giants from 1985-1999. In 2000, Mark helped create and became the first Medical Director for MLB umpires and continued in that role until 2019. In 2023 he was inducted into the PBATS Hall of Fame. Mark also inspired the founding of CEPA (Chiropractic Care of Elite and Professional Athletes) in 1996. CEPA laid the groundwork for the formation of the PBCS by Rick Bishop DC and Alan Palmer DC in 2014. (Not for CE Credit)*

3:15 pm – 3:45 pm

Visit with the vendors, all attendees.

3:45 pm – 5:25 pm

Machine Learning Applications in Subluxation Analysis and Treatment: Which Variables Matter Most to Clinical Outcomes? - Deed Harrison, DC

**TEAM DCs – Group photo with PBCS wearing polo shirts.**

### SATURDAY

### NOVEMBER 23, 2024

7:00 am – 7:45 am

**Sponsored Breakfast**

(for team doctors and speakers only)

7:45 am – 8:15 am

**Break:** Visit with the vendors

8:15 am – 10:10 am

**Optimizing Shoulder Health in the Professional Baseball Player**

*Brad Pearson*

10:10 am – 10:30 am

**Break:** Visit with the vendors

10:30 am – 11:20 am

**Internal Team Unity and Approach to Healthcare Management - Part 1**

*Nick Kenney*

11:20 am – 11:35 am

**PBCS Visionary Award**

11:35 am – 12:00 pm

**Break:** Visit with the vendors

12:00 pm – 1:00 pm

**Sponsored Lunch** (for team doctors and speakers only)

1:10 pm – 2:15 pm

**Internal Team Unity and Approach to Healthcare Management - Part 2**

*Nick Kenney*

2:15 pm – 2:45 pm

**Break:** Visit with the vendors

2:45 pm – 3:35 pm

**Myofascial Remodeling for Thoracic Mobility**

*TJ Hagan*

3:35 pm – 4:00 pm

**Break:** Visit with the vendors

4:00 pm – 4:50 pm

*TJ Hagan (Continued)*

5:00 pm – 6:30 pm

**Student Showcase “Draft”** – This is an opportunity for students to sit down and meet with the DCs that work in professional baseball in a brief informal “interview” for the possibility of doing a preceptorship, shadowing or an eventual associate position.