

# Florida Mental Health Resources & Referral Pathways

Crisis lines, navigation, specialty support, and licensed-provider lookup — in one place.

## IMMEDIATE CRISIS — USE THESE WHEN A PATIENT IS IN ACUTE DISTRESS

**988 — Suicide & Crisis Lifeline** | Call or text 988. Free, confidential, 24/7. National.

**911** | Active medical emergency or imminent danger. Use without hesitation when the situation warrants.

## NAVIGATION — HELP THE PATIENT FIND THE RIGHT NEXT STEP

**Florida 211** Community-based behavioral health and social-service referral network. Dial 211 or visit [fl211.org](http://fl211.org). Live navigators. 24/7. Free.

**SAMHSA Treatment Locator** [findtreatment.gov](http://findtreatment.gov) — free search for licensed mental health and substance use treatment providers nationally, filterable by location, payment, and specialty.

**Florida DCF / SAMH** [samh.myflfamilies.com](http://samh.myflfamilies.com) — state-funded behavioral health navigation, especially for uninsured or court-involved patients.

## SPECIALTY SUPPORT — PEER, FAMILY, AND POPULATION-SPECIFIC

**NAMI Florida** [namifl.org](http://namifl.org) — peer and family mental health support. Useful for patients not ready for clinical care but who need community and education.

**FL Veterans Support Line** 1-844-MyFLVet (1-844-693-5838) — staffed by veterans for veterans. Relevant given Florida's substantial veteran population.

**Veterans Crisis Line** Dial 988 then press 1, or text 838255. Veteran-specific crisis support.

## VERIFY YOUR REFERRALS — CHECK LICENSURE BEFORE YOU SEND PATIENTS

**FL Dept. of Health, MQA** [flhealthsource.gov](http://flhealthsource.gov) — verify any Florida-licensed healthcare professional's license status and discipline history.

**FL Board of Chiropractic Medicine** [floridaschiropracticmedicine.gov](http://floridaschiropracticmedicine.gov) — chiropractic regulatory home.